






## Sculpting Day 1 at BIBAC

These were made in the arts-based evaluation workshop, facilitated by Mita Pujara, on the first day of the conference. Participants reflected on their experiences at BIBAC, using a variety of embodied and visual methods including a physical positioning game, critical river mapping and clay sculpture. These are some of the reflections - do their experiences resonate with yours?

**The Task:** Sculpt an image (abstract or literal) of how you felt at 9am, at the start of the conference, and then at 5pm after a full day's participation.

	<p>Artist: Morag Morrison-Helme</p> <p>Shift: Felt stretched, uplifted by what she had heard and experienced.</p>
	<p>Artist: Gabby Arengé</p> <p>Shift: From stressed out to feeling calm, holding lots of new ideas. Potential.</p>
	<p>Artist: Danette Littleton</p> <p>Shift: From crossing bridges to the presence of Socrates.</p>
	<p>Artist: Petrina Hanway</p> <p>Shift: From a place resonating with questions, to a feeling of wholeness, unification, coming together.</p>
	<p>Artist: Gabriela Pascale</p> <p>Shift: From closed and focussed inwards to a place of openness and listening.</p>